

FSA/HRA Expenses and OTC Products

Eligible FSA/HRA Expenses

Acupuncture	Eye examinations and eyeglasses	Physical therapy
Alcoholism treatment	Home health and/or hospice care	Psychiatric care, psychologists, psychotherapists
Allergy shots and testing	Hospital services	Radial keratotomy
Ambulance (ground or air)	Insulin	Schools (special, relief, or handicapped)
Artificial limbs	Laboratory fees	Sexual dysfunction treatment
Blind services and equipment	LASIK eye surgery	Smoking cessation
Car controls for handicapped*	Medical alert (bracelet, necklace)	Surgical fees
Chiropractor services	Medical monitoring and testing devices*	Television or telephone for the hearing impaired
Coinsurance and deductibles	Nursing services	Therapy treatments*
Contact lenses	Obstetrical expenses	Transportation (essentially and primarily for medical care; limits apply)
Crutches, wheelchairs, walkers	Occlusal guards	Vaccinations
Deaf services -- hearing aid/batteries, hearing aid animal & care, lip reading expenses, modified telephone, etc.	Operations and surgeries (legal)	Vitamins (prescription only)*
Dental treatment	Optometrists	Weight loss programs*
Dentures	Orthodontia	X-rays
Diagnostic tests	Orthopedic services	
Doctor's fees	Osteopaths	
Drug addiction treatment & facilities	Oxygen/oxygen equipment	
Drugs (prescription)	Physical exams (except for employment-related physicals)	*If prescribed for a particular ailment or medical condition; doctor authorization is required.

FSA/HRA OTC CHANGES: As of January 1, 2011, OTC medications require a physician's prescription to be eligible for reimbursement. As a result, OTC medications cannot be purchased using the *mySourceCard*® unless dispensed by a pharmacy the same as a standard prescription. If a manual claim is submitted for purchase of an OTC medication, a prescription receipt must be included with the claim in order to receive reimbursement.

FSA/HRA OTC Expenses

Eligible OTC expenses that require a physician's prescription

Acne medications & treatments	Baby care (diaper rash ointments, teething gel, rehydration fluids, etc.)
Allergy & sinus, cold, flu & cough remedies (antihistamines, decongestants, cough syrups, cough drops, nasal sprays, medicated rubs, etc.)	Contraceptives (condoms, gels, foams, suppositories, etc.)
Antacids & acid controllers (tablets, liquids, capsules)	Digestive aids
Antibiotic & antiseptic sprays, creams & ointments	Eczema & psoriasis remedies
Anti-diarrheals	Eye drops, ear drops, nasal sprays
Anti-fungals	First aid kits
Anti-gas & stomach remedies	Hemorrhoidal preparations
Anti-itch & insect bite remedies	Hydrogen peroxide, rubbing alcohol
Anti-parasitics	Laxatives
	Medicated band aids & dressings
	Motion sickness remedies
	Nicotine medications (smoking cessation aids)
	Pain relievers (aspirin, ibuprofen, acetaminophen, naproxen, etc.)
	Sleep aids & sedatives
	Wart removal remedies, corn patches

OTC expenses eligible without a physician's prescription

Braces & supports	Home diagnostic (pregnancy tests, ovulation kits, thermometers, blood pressure monitors, etc.)
Contact lens solution	Non-medicated band aids, rolled bandages & dressings
Diabetic testing supplies & equipment	Reading glasses
Durable medical equipment (power chairs, walkers, wheelchairs, CPAP equipment & supplies, etc.)	

All lists are not all inclusive. For more detailed information refer to [IRS Publication 502](#).



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